

**ELECTRONIC GUIDE TO THESES APPROVED BY
PHYSICAL THERAPY DEPARTMENT FOR OBSTETRICS AND
GYNAECOLOGY AND ITS SURGERY
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Physical Therapy Department for Obstetrics and Gynaecology and Its Surgery

Master Degree
2001

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Title	:	Effect of aerobic and electrolipolysis on sex hormones in infertile obese women.
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Abstract	:	
<p>This study was done to investigate the effect of exercise program on infertile obese women. Thirty volunteers infertile obese women were selected, their age ranged from 25 to 35 years old, BML >32 Kg /m² and waist / hip ratio > 80%. They were assigned randomly into two equal groups. Group (A) received exercise program and group (B) received electrolipolysis program for three months (one every other day). Both groups received a dietary regimen of 1500 kcal / day. The results of this study reveal that: exercise program and electrolipolysis are alternative methods; however, electrolipolysis is more effective than exercise program in the treatment of infertile obese women.</p>		
Key words	1.	Aerobic exercises.
	2.	Electrolipolysis.
	3.	sex hormones.
	4.	Infertile.
	5.	Women.
	6.	Gynecology.
	7.	obesity.
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